

October Lunch Menu  
Pizza, Fries, Salad, & Fruit  
Salad Boxes  
Hoagie Boxes  
Are Offered Daily

MONDAY SEPT 29 HAMBURGERS OR GRILLED CHICKEN, TRIM, FRIES, FRUIT

TUESDAY SEPT. 30 BAKED CHICKEN, RICE, SWEET POTATOES, GREEN BEANS , SALAD, FRUIT

OR Corn Dogs, Fries, Salad, Fruit

Wed. Oct.1 Chicken Salad Cold Plate, with Pretzel, Fruit (this is on salad bar)

OR Chicken noodle soup, grilled cheese, veg. sticks, fruit, milk

Thurs. Oct.2 Beef & Gravy or Chicken, Mashed Potatoes, Green Peas, Roll, Fruit

Friday, Oct. 3 Spaghetti, Breaded Squash, W.K. Corn, Garden Salad, Garlic Bread, Fruit

Monday, Oct. 6 Turkey Sandwich Wrap, (Turkey, Cheese, Ranch Dressing, Lettuce, tomato)  
Baked Chips, Fruit (ON SALAD BAR)

OR Chili, grilled cheese, veg. sticks, fruit, crackers, milk

Tues., Oct. 7 HAMBURGER, OR Cheeseburger. TRIM, FRIES, FRUIT

Wed. Oct.8 Chinese Egg Roll, Rice, Oriental Vegetables, Garden Salad, Fruit  
OR  
Meatloaf, Mashed Potatoes, Steamed Broccoli, Roll, Fruit

Thurs.,Oct. 9 Chicago Dog with Trimmings (mustard, sweet relish, chopped onion, pickle  
spear, bell pepper) Baked Beans, chips, Fruit

Friday, Oct. 10 Grilled Chicken OR Breaded Chicken Sandwich, Trimmings, French Fries,  
Fruit

Mon., Oct. 13 School Closed

Tuesday, Oct. 14 ( International & Sandwich) **Burrito (Beef & Bean), or chicken fajita,**  
**sour cream, salsa, Mexican Rice, Garden Salad, Fruit**

( Country) Steak Nuggets, scalloped potatoes, green peas, roll, fruit.

Wed., Oct. 15 ( Country) Beef & Gravy, Rice, Broccoli W/Cheese

(INTERNATIONAL) Baked Ziti, W.K. Corn, Salad, Rolls, Fruit

(SANDWICH) **Corn Dog, French Fries, Baked Beans,** Fruit

Thurs., Oct. 16 (COUNTRY) **Tater Tot Casserole, Fried Okra, Black eyed Peas, Cole slaw, Roll,**  
Fruit

(INTERNATIONAL) Egg Rolls, Fried Rice, Stir Fry Veg., Fruit

(SANDWICH) Hot dog, kraut, slaw, onion, fries, fruit.

Friday, Oct. 17 (COUNTRY) **Sliced turkey & gravy, Mashed Potatoes, Green Beans, Roll,** Fruit

(INTERNATIONAL & SANDWICH) Hamburger OR Fish Sand., sand trim, fries, fruit

Monday, Oct. 20 (COUNTRY) **Homemade Country Fried Steak**, Potatoes, Steamed Cabbage,  
PintoBeans, **Cornbread**, Fruit

(INTERNATIONAL & Sandwich) **Chicken Sandwich**, Fries, Sand. Trim, Fruit

Tuesday, Oct. 21 (COUNTRY) **Chicken & Rice soup**, turkey/cheese sandwich, fruit,  
salad, **crackers**

( International & Sandwich) **Pulled Pork Fajita W/Peppers & Onion, Or Taco Salad**, **Chips**  
Lettuce, Tomato, Cheese, Refried Beans, Corn, Fruit

Wed.,Oct. 22 **Pizza**, Garden Salad, Corn, Fruit

COUNTRY

(INTERNATIONAL & SAND) **Chili**, **grilled cheese**, fruit, veg. sticks, Ranch  
dressing, **crackers**

Thurs., Oct. 23 (COUNTRY) **Baked Chicken**, Sweet Potatoes, Green Beans, Garden salad,  
FRUIT, **Roll**

(INTERNATIONAL & Sandwich) **Spaghetti**, Corn Nuggets, Salad, **Garlic Bread**, Fruit

Friday, Oct. 24 (COUNTRY) **Chicken Pot Pie**, Okra, Salad, **Roll**, Fruit

(INTERNATIONAL & SAND. Bar.) **Hot Dog or BBQ. PORK Trimmings**, Baked Chips,  
**Baked Beans**, Fruit

Monday, Oct. 27 (Country) Fish nuggets, Macaroni & Cheese, Blackeyed Peas, Cornbread, Slaw, fruit

(INTERNATIONAL & Sandwich) Chicken Fajita, or Crispitoes W/chili/cheese, Trimmings, Mexican beans, Spanish Rice, Fruit

Tuesday, Oct. 28 (COUNTRY) Sliced Turkey, Gravy, Mashed Potatoes, Peas, Cornbread, Fruit

(INTERNATIONAL & SANDWICH) Chicken Sandwich, Sand Trim, Fries, Fruit

Wed., Oct.29 ( COUNTRY ) VEG. BEEF SOUP, SALAD, FRUIT, CORNBREAD OR CRACKERS, PBJ

( INTERNATIONAL & SANDWICH) Hamburger or Cheeseburger, Trimmings, French Fries, Fruit

Thursday.,Oct. 30 (COUNTRY) Fried Chicken, Potato Salad, Baked Beans, Roll, Fruit

(INTERNATIONAL & Sandwich) Taco Salad, Trimmings, Corn, Refried Beans, Cornbread, Fruit

Friday, Oct. 31 ( COUNTRY) Meatloaf, Lima Beans, Cheese Potatoes, Cooked Cabbage, Rolls

(INTERNATIONAL & SANDWICH) Chicken Noodle Soup, PBJ or Grilled Cheese Sandwich, Fruit, Veggies w/ Dressing , fruit