

Birmingham Parent's 2018 Special Needs Directory

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Your One-Stop Source for Birmingham's Kids with Special Needs. An abbreviated list of local and national resources and services made available to Alabama residents who have children with special needs.

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By: Birmingham Parent

Following is an abbreviated list of local and national resources and services made available to Alabama residents who have children with special needs. Several services are offered throughout the state for parents with children with disabilities, from inclusive school care programs to music and sports teams and classes.

If you know of an organization or service that should be included in the *next* special needs directory online and in the September 2018 special needs issue, please e-mail editor@birminghamparent.com or fax to 205-987-7600 for updating in the next directory.

Be sure to check out our [Virtual Special Needs Expo section here!](#)

INFORMATION

Ady's Army

404-957-0090

Adysarmy.org

Serving God by serving special needs families.

Ainsley's Angels

256-565-4132

www.ainsleysangels.org

A group of runners that assist those with disabilities to compete in road races by pushing them in our race chariots.

Alabama Association for Parents of Children with Visual Impairments

205-422-5826

www.aapvi.org

Provides educational, social and recreational opportunities for families with children who are blind or have low vision, including children with multiple disabilities.

Alabama Council for Developmental Disabilities

334-242-3973 or 800-232-2158

www.acdd.org

Provides educational resources for individuals with special needs and their families.

Alabama Disabilities Advocacy Program (ADAP)

205-348-4928

www.adap.ua.edu

Provides free legal services for disabled individuals who qualify.

Alabama Pre/Post Adoption Connections

205-943-5349

www.childrensaid.org/apac

APAC is a collaborative effort between Children's Aid Society of Alabama and Alabama Department of Human Resources.

Autism Society of Alabama

877-428-8476 or 205-951-1364

www.autism-alabama.org

A nonprofit advocacy group with the mission of improving services for those on the Autism Spectrum.

Disability Rights & Resources

205-685-0570

www.drradvocates.org

We empower people with disABILITIES to fully participate in the community.

Magnolia Special Needs Planning

205-440-4624

www.magnoliawealthstrategies.com

Our mission is to help you make informed decisions to meet your protection and investment/income needs.

Parent Connection Network of Alabama

800-441-7607 or 334-293-7500

www.rehab.alabama.gov/crs

A statewide network of families who have children with special health care needs or disabilities and who are willing to share their experiences with other families.

United Way of Central Alabama – Information and Referral Center

205-251-5131

www.uwca.org

CHILDCARE/DAYCARE

Childcare Resources, Birmingham

205-945-0018 or 800-822-2734

www.ccr-bhm.org

Assists parents with children with special needs in locating childcare and information.

United Ability – Hand in Hand Early Learning Program

205-944-3939

www.unitedability.org

A learning program for children 6 weeks through age 4 for children with and without disabilities to maximize each child's intellectual, physical and emotional health.

EDUCATION

Alabama Institute for the Deaf and Blind

256-761-3660

www.aidb.org

Alabama Parent Education Center

334-567-2252

www.alabamaparentcenter.com

APEC provides parent training, information, support to help them become meaningful participants in their children's education and lives.

Community Outreach Special Education PTA

www.cosepta.org

The Community Outreach Special Education Parent Teacher Association is a member of the Birmingham Council of PTAs.

Down SyndromeAlabama

205-988-0810

www.downsyndromealabama.org

Promotes lifelong Awareness, Acceptance and Advocacy for individuals with Down syndrome. DSA C.A.R.E.S. (connections – actions- resources- education-support.)

Epilepsy Foundation of Alabama

251-341-0170, 800-626-1582

www.efala.org

Epilepsy Foundation of Alabama improves the quality of life for persons with seizures. Information, referrals, emergency assistance, community education, a camp for kids.

Family Voices of Alabama

877-771-3862

www.familyvoicesal.org

Family Voices of Alabama aims to achieve family-centered care for all children and youth with special health care needs and/or disabilities.

The Horizons School

800-822-6242

www.horizonsschool.org

The Horizons School is a post-secondary program that teaches independent living, social and career skills to young adults, ages 18-26, with learning disabilities.

Jefferson County Child Development Council Inc. HeadStart/Early HeadStart

205-379-6067

jcochran@jccdc.com

Liberty Park Children's Dentistry

704-502-7798

www.libertyparkchildrensdentistry.com

We are a new start-up pediatric dental office in Liberty Park with a passion for providing exceptional oral health care for special needs children.

Lindamood-Bell Learning Processes

205-870-4181

www.lindamoodbell.com/location/birmingham-alabama-learning-center

Lindamood-Bell helps children & adults improve language processing and learning. Our intensive, research-validated, sensory-cognitive instruction has improved reading and comprehension for individuals with learning challenges including Dyslexia, ADHD and ASD.

PAL – Alabama's Parenting Assistance Line

866-962-3030

www.pal.ua.edu

Provides helpful assistance to moms, dads, grandparents, and relatives whose children are age birth through adolescence.

Southeastern Diabetes Education Services

205-402-0415

www.southeasterndiabetes.org

Spring Valley School

205-423-8660

www.springvalleyschool.org

Spring Valley School's mission is educating students with learning differences, such as dyslexia and ADH.

VSA Arts of Alabama

205-307-6300 ext. 3

www.vsaalabama.org

A statewide, nonprofit organization dedicated to providing opportunities in the arts for people with chronic illnesses and disabilities.

FINANCIAL/INSURANCE/LEGAL

Alabama Family Trust

205-313-3915

www.alabamafamilytrust.com

A nonprofit special needs trust that holds and administers money for children and adults with disabilities, including the elderly in nursing homes, to help become eligible and maintain government benefits such as Medicaid and SSI.

AllKids

888-373-5437

www.adph.org/allkids

Provides insurance for eligible children younger than 19.

BlueCross BlueShield of Alabama – SNE SPONSOR

www.alabamablue.com/NewFamily

Bradford & Holliman, LLC – SNE SPONSOR

205-663-0281

www.bradfordholliman.com

john@bradfordholliman.com

Melanie@bradfordholliman.com

Estate and long-term care planning for young families, blended families, the disabled, empty nesters & the elderly.

Medicaid of Alabama

866-452-4930

www.medicaid.alabama.gov

Special Needs Alliance

Katherine Barr, Sirote and Permutt

205-930-45147

kbarr@sirote.com

A nationwide educational organization for attorneys with advanced knowledge & experience in laws affecting persons with disabilities.

Be sure to check out our [Virtual Special Needs Expo section here!](#)

HEALTH AND REHABILITATION

4 Paws for Ability

937-374-0385

www.4pawsforability.org

Service dogs (including seizure dogs, autism dogs, hearing dogs, and others) are made available to help increase community acceptance and participation of people with disabilities.

Alabama Allergy and Asthma Center

205-871-9661

www.alabamaallergy.com

A leading provider for patients who suffer from allergies, asthma, and immunological disorders, as well as food and drug allergies. Six convenient locations – Homewood, Hoover, Alabaster, Chelsea, Cullman, and Trussville.

Alabama Head Injury Foundation

205-823-3818 or 800-433-8002

www.ahif.org

Alabama Pediatric Therapy Services LLC

205-274-2244

www.alpediatrictherapy.com

Alabama Pediatric Therapy Services LLC is a specialized outpatient clinic providing occupational and speech therapy to children with special needs.

Alabama Relay Center

800-676-3777

www.alabamarelay.com

Communication systems for the visually impaired and hearing impaired

The Arc of Central Alabama

205-323-6383

www.arcofcentralalabama.org

Focused on early intervention services for children from birth to three years and on day and residential programs for adults age 21 and older who have intellectual & developmental disabilities.

The Arc of Shelby County

205-664-9313

www.thearcofshelby.org

We provide programs, services and support for infants, children and adults with intellectual and developmental disabilities.

Behavioral ONE

205-233-1414

www.behavioralone.com

An assessment and treatment center offering evidence-based services in behavior analysis, speech pathology and clinical psychology for children with Autism, developmental and learning

disabilities.

The Bell Center for Early Intervention Programs

205-879-3417

www.thebellcenter.org

Provides early intervention services including physical, occupational and speech therapies and early childhood special education to children 3 and younger with special needs.

BOOST Kids Occupational Therapy & Yoga

205-767-9207

www.boostbirmingham.com

We provide children with a “boost” towards independence through improved skills, learned strategies, environmental modifications, and caregiver education while always embracing their interests and passions.

Brookwood Baptist Health Five locations in Central Alabama

Brookwood Baptist Medical Center

Birmingham, AL

Citizens Baptist Medical Center

Talladega, AL

Princeton Baptist Medical Center

Birmingham, AL

Shelby Baptist Medical Center

Alabaster, AL

Walker Baptist Medical Center

Jasper, AL

www.bbhub.vom

With five hospitals throughout central Alabama, hundreds of specialists and countless ways to customize your experience, Brookwood Baptist Health is a community of care dedicated to making your new beginning a happy one.

The Charity League Hearing & Speech Center

205-638-9149

www.childresnal.org/hearingandspeech

Provides speech and audiology services to patients having or suspected of having any of the communication or hearing disorders possible in the pediatric population.

Child-Adolescent Partners, LLC

205-492-2426

www.childadolescentpartners.com

Provides evidence-based professional counseling services to children, adolescents and adults throughout central Alabama.

Child’s Play Therapy Center LLC – Pediatric Occupational Therapy Services

205-978-9939

www.childsplaytherapycenter.com

Occupational, physical, speech and music therapy, along with academic tutoring. Experienced loving staff and facility just for kids.

Children’s of Alabama – SNE PRESENTER

205-638-9100

www.childrensal.org

Children’s of Alabama has provided specialized medical care for ill and injured children since 1911, offering inpatient, outpatient, and primary care services throughout Alabama.

Children’s of Alabama Adolescent Medicine Clinic

205- 638-9231

www.childrensal.org

The Adolescent Health Center serves patients ages 11-21 years of age. Services include primary care, eating disorders, nutrition, reproductive health, acne and ADHD.

Children’s of Alabama Hearing and Speech

205-638-9149

www.childrensal.org

Diagnostic and rehabilitative speech/language and audiology services are provided to inpatients and outpatients suspected of having any of the communication or hearing disorders possible in the pediatric population.

Medical Autism Clinic and The Developmental Medicine Clinic

205-638-5277

www.childrensal.org

Medical Autism Clinic serves children with Autism Spectrum Disorders, offering a variety of special evaluations. Developmental Medicine Clinic serves children with concerns related to development, behavior, social skills & learning.

Children’s of Alabama Newborn Follow-Up Clinic

205-638-6966

www.childrensal.org

Provides follow-up care to children born less than 29 weeks and low birth weight, had major cardiac surgery, been on ECMO or cooling therapy. Special examinations to check developmental milestones.

Children’s of Alabama Pediatric Rehabilitation Medicine

205-638-9790

www.childrensal.org

The Division of Pediatric Rehabilitation Medicine utilizes an interdisciplinary approach to manage conditions including cerebral palsy, spina bifida and acquired brain injury, among others.

Children's of Alabama Regional Poison Control Center

1-800-222-1222

www.childrensal.org

Provides free and confidential medical advice 24 hours a day, seven days a week. We help prevent the poisoning, treat and advise on medication overdoses and make recommendations on treatment.

Disability Determination Services

800-772-1213

<http://ssa.gov>

Dr. Sory "Chuck" Shannon Pediatric & Adolescent Dentistry

205-582-4508

www.shannonchuckmd.com

Pediatric dentistry from infancy to college age. Our long-term and caring staff is very child-friendly, so trust us with child's dental care.

Easter Seals Pediatric Therapy – SNE SPONSOR

205-314-2165

www.eastersealsbham.org

Provides physical, occupational, and speech therapy to children with special needs ages birth to 21 regardless of ability to pay for services.

Full Life Ahead

205-439-6534, 866-700-2026

www.fulllifeahead.org

The Full Life Ahead Foundation exists to provide hope, knowledge, encouragement and connections for families who have a teen or young adult with a disability, helping them live the most independent and productive life possible.

Glenwood, Inc.

205-969-2880

www.glenwood.org

Glenwood offers Applied Behavior Analysis (ABA) which is a type of intensive therapy that focuses on the principles and techniques of learning theory to help improve social behavior.

Hands, LLC

205-951-1364

www.autism-alabama.org

Services include one-on-one behavior-based therapy for children 2 to 18, social skills groups, workshops and support groups.

Lakeshore Foundation

205-313-7400

www.lakeshore.org

Lakeshore offers adapted recreation, aquatics, fitness and athletic programs for children with a physical disability. For more about our activity, research and advocacy opportunities, visit lakeshore.org.

Liberty Park Children's Dentistry

704-502-7798

www.libertyparkchildrensdentistry.com

We are a new start-up pediatric dental office in Liberty Park with a passion for providing exceptional oral health care for special needs children.

Medical West, affiliate of UAB Health System

205-996-9378

www.medicalwesthospital.org

Milestones Behavior Group, Inc.

205-253-6903

www.milestonesaba.com

Milestones Behavior Group, INC provides Applied Behavior Analysis (ABA) and speech & language services to children diagnosed with Autism Spectrum Disorder and other developmental and communication disorders.

Mitchell's Place- SNE SPONSOR

205-957-0294

www.mitchells-place.com

Providing comprehensive, research-based, educational, social and therapeutic services for children, adolescents, and families affected by Autism Spectrum Disorder and other developmental disabilities in a deeply caring environment.

National TeleTherapy Resources

844-NTR-LINK

www.ntrlink.com

NTR offers virtual speech and occupational therapy for students all over the country. By utilizing our top-notch technology and combining it with our dedicated therapists, linking students to their success has become a reality!

Pediatric Therapy Associates, Inc.

www.pediatricptot.com

205-823-1215

Providing outpatient pediatric physical and occupational therapy to children and teenagers with special needs, sports-related injuries, medical/pain issues and educational challenges across a variety of settings.

Physical Therapy and Occupational Therapy Dept.

Children's of Alabama Hospital: 205-638-9645

Clinic: 205-638-6289

www.childrensal.org/physicaloccupationaltherapy.org

Provides hospital and outpatient therapy services for children to support development, movement, play and daily activities.

Precision Chiropractic

205-988-9848

www.precisionchiro-al.com

Precision Chiropractic provides neurologically based specific chiropractic care for the Greater Birmingham area. Our doctors specialize in the Gonstead method.

Service Dogs Alabama

334-462-2463

www.servicedogsalabama.com

Dedicated to providing trained medical and psychiatric service dogs to children and veterans with disabilities and school service dogs to educators.

The UAB Division of Pediatric Rehabilitation Medicine at Children's of Alabama

205-638-9790

www.uab.edu/medicine/peds/rehab

Treats children with conditions affecting development and function, trains tomorrow's healthcare professionals and performs research to improve the lives of children with disabilities.

Thrive Behavioral Services

205-624-2200

www.thrivebehavioralservices.com

Behavioral services for children diagnosed with Autism and/or other developmental disabilities.

United Ability

205-944-3944

www.unitedability.org

United Ability provides innovative services connecting people with disabilities to their communities and empowering individuals to live full and meaningful lives.

The University of Alabama at Birmingham – Civitan International Research Center, Sparks Clinics

205-934-8900 or 800-822-2472

www.circ.uab.edu

Provides an extensive range of interdisciplinary clinics offering comprehensive diagnosis, evaluation, and treatment of the needs of children and adults.

University of Montevallo – Speech and Language Center

205-665-6730

Assists children with communicative problems in obtaining diagnostic and therapeutic services; training of students majoring in speech language pathology.

UNLESS U

205-215-5209

www.unlessu.org

Committed to serving adults with developmental disabilities and their families through continuing education, life skills, and social skills.

Vocational Rehabilitation Services

334-293-7500 or 800-441-7607

www.rehab.alabama.gov

Be sure to check out our [Virtual Special Needs Expo section here!](#)

RECREATION

Adaptive Aquatics

205-807-7519

www.adaptiveaquatics.org

Provides opportunities for people to learn to water ski, no matter what their limitations.

AMBUCS Birmingham

205-823-7800

www.trykes.org

Provides custom therapeutic trykes to disabled children within a five-county area. Our bikes give these amazing children an opportunity to be mobile and independent while spending time with their families.

BIRMINGHAM ZOO

205-879-0409

www.birminghamzoo.com

Birmingham Zoo has worked to develop the Sensory Friendly Zoo Initiative to improve our capacity to serve visitors with sensory processing needs. For more information go to www.birminghamzoo.com/visitor-info/accessibility.

CAMP ASCCA – Easter Seals – Alabama’s Special Camp for Children and Adults

256-825-9226

www.campascca.org

Easter Seals Camp for children and adults with special needs.

Camp WheezeAway

334-799-3449

www.campchandler.org, click on Camp WheezeAway

A free camp for children ages 8-12 with moderate to severe asthma.

C.A.S.T. for Kids

256-310-4323

www.castforkids.org

Established in 1991 with a mission to host quality, outdoor recreational fishing events for children with special needs.

Children's Dance Foundation

205-870-0073

www.childrensdancefoundation.org

Movement to Music for school-age children with special needs is creative, includes a variety of colorful props and features live music.

Children's Harbor

205-638-5948

www.childrensharbor.com

Serving seriously ill children and their families through unique no-cost services at the family center at Benjamin Russell Hospital for Children and the Lake MartinCamp Facility in Alexander City.

Dance Without Limits

251-610-4969

www.dancwithoutlimitsfoundation.org

A 501c3 non-profit providing dance programs for children and young adults with special needs who may not otherwise have an opportunity to experience the joy of dance.

The Exceptional Foundation – SNE PRESENTER

205-870-0776

www.exceptionalfoundation.org

The Exceptional Foundation is a nonprofit organization that strives to meet the social and recreational needs of children and adults with special needs.

The Helen Keller School of Alabama Summer Assessment Camp

256-761-3251

www.aidb.org

This no-cost, six-day, life-skills camp is designed for students who are sensory impaired, multi-disabled, functioning significantly below grade level, and interested in enrollment into the HKS. Only twelve spaces are available.

Moody Miracle League

205-225-9444

www.moodymiracleleague.org

A full handicapped accessible baseball field for any special need player. More than 250 players ranging from 4-75.

The Music Room Music Education – Music Therapy

205-702-6074

www.themusicroomleeds.com

Drums and Disabilities is a unique percussion-based music therapy program currently serving a large majority of the special needs community in Alabama.

Oak Mountain Youth Baseball/Softball Challenger League

205-223-6461

www.omybs.org

Provides boys and girls with disabilities the opportunity to experience the emotional development and the fun of playing Youth League Baseball.

RoofTop Friends

334-244-1385

www.rooftopfriends.org

RoofTop Friends exists to love, serve, fellowship, share faith with those affected by disabilities by providing AL Family Retreat, fun activities, and other respite care.

Southern Breeze Travel

256-513-9874

www.southernbreeze.vacations

Planning the best vacation sometimes can be hard work. I specialize in resort travel, honeymoons, family vacations and travel for families with members with special needs.

Special Equestrians

205-987-9462

www.specialequest.org

Provides high-quality therapeutic horseback riding and equine assisted activities to persons with physical, cognitive, developmental and emotional disabilities.

RESPITE & SUPPORT

Aaron's Staff Respite care Ministry

205-261-9914

www.aaronstaffrespite.org

Respite care at Aaron's Staff means supporting the spiritual, emotional and physical needs of children with disabilities and their families.

Alabama Lifespan Respite Resource Network

256-859-4900

866-737-8252

www.alabamarespite.org

Works to create and connect family caregivers to quality respite resources.

Saint Mark United Methodist Church Respite

205-444-4696

www.saintmarkumc.org/#/our-ministries/respite-care

Shades Mountain Baptist Church Special Needs Ministry

205-822-1670

www.shades.org/connect/ministries/special-needs

A ministry providing assistance to special needs children, adults and the elderly.

Socks 4 Surgery

www.socks4surgery.com

Dedicated to providing a keepsake of a pair of socks; a reminder of overcoming the adversity of surgery.

SUPPLIES/SPECIALTY ITEMS/TOYS

Bath Fitter

205-876-1760

www.bathfitter.com

Bath Fitter addresses mobility issues by converting traditional tubs to easy access walk-in showers with safety bars.

BioTech Limb & Brace

205-324-7897 or 866-706-LIMB

www.biotechlimbandbrace.com

Biotech Limb and Brace has 6 fully certified orthotic and prosthetic practitioners serving Birmingham and Central Alabama for the last 15 years.

Elrod Mobility – SNE SPONSOR

800-693-5763

www.mytelrodmobility.com

We understand the freedom and independence the right mobility product can provide. Our associates are trained to take all the time necessary to ensure you get the mobility product that's perfectly suited to your needs.

Griffin Mobility – SNE SPONSOR

256-751-1365

www.griffinmobility.com

Griffin Mobility is your source for wheelchair accessible vehicles, automotive adaptive equipment and home accessibility products. Family owned and operated for over 25 years.

Mobility Central – SNE SPONSOR

205-916-0670

www.mobilitycentralinc.com

Mobility Central employs a team of highly trained and caring medical equipment professionals dedicated to the wellbeing of our patients.

Teacher's Pet

205-783-5437

www.shopteacherspet.com

Local teaching supplies including special needs, STEM resources and more.

Weighted Hearts

205-258-8415

www.facebook.com/weightedhearts/

Weighted Hearts offers weighted blankets as a unique alternative therapy to aid those needing relief from Anxiety, Autism, Bipolar Disorder, CHARGE, PTSD, Restless Legs, sleep difficulties and more.

TRANSPORTATION

Clastran

205-325-8787

www.clastran.com

Transports persons who are elderly (60-plus), disabled or traveling to or from a rural area in Jefferson or Shelby counties.

Kid One

800-543-7143, 205-978-1000

www.kidone.org

Kid One Transport provides transportation for any child in need of reaching care that will better them medically, mentally or physically when they are without means of transportation.

RESIDENTIAL

Montgomery Children's Specialty Center

334-261-3445

www.montgomerychildrenscare.com

A preferred children's nursing and rehabilitation facility in Montgomery, AL. Providing services to children with severe developmental disabilities that require ongoing nursing care.