

## MEDICATION POLICY

The Alabama Board of Nursing, Alabama State Department of Education, and Trussville City Board of Education have strict guidelines regarding medications in the school setting. **A School Medication Prescriber/Parent Authorization** form must be completed for both prescription and over-the-counter (OTC) medication. These forms are available online at the school website, in the main office, and in the school health room.

### Prescription Medication

- A doctor must complete the School Medication Prescriber/Parent Authorization form and the form must be returned to the school clinic.
- Change in dosage requires a new form to be completed by the doctor.
- Over the counter medications(OTC) must be in the original, unopened, sealed container bearing the entire manufacturer's labeling with a valid expiration date.
- Prescription medicine must be in the original pharmacy container giving the physician's name, dosage and instructions.
- Parents/guardians must bring medication to school. Students may not transport medicine to or from school.
- Emergency medications for chronic health conditions such as asthma, diabetes, or anaphylaxis may be carried by the student on his/her person with a completed Medication Prescriber/Parent Authorization form that includes parent and healthcare provider signature indicating permission to self carry.

### Over-the-counter (OTC) Medications

- Under no circumstances is the school allowed to stock its own supply of OTC medicines.
- OTC medications (such as Advil, Motrin, Tylenol, Pepto Bismol, cough drops or syrups, etc.) require the same Medication Prescriber/Parent Authorization form as prescription medications.
- If the OTC medication is to be administered for more than a two week time period, a parent signature and a physician signature may be required on the form at the discretion of the school nurse. Medications to be administered for less than a 2 week time period require a parent signature only.
- Non-prescription medications and should be delivered to the school by the parent/guardian along with the authorization form. The student's name should be written legibly on the container.
- Liquid medicines must have a calibrated medicine cup, spoon or syringe.

### Miscellaneous

- Health room personnel can treat cuts, scrapes, bug bites and bumps with soap and water, antibiotic ointment, Calamine lotion, band aids and ice bags only.
- Students who get sick during the school day will be sent to the health room.
- Students will be required to check out for:
  - Vomiting
  - Acute diarrhea
  - Fever of 100 or above
  - Suspected contagious infection
- In the event of illness/injury to a student, every effort will be made to contact a parent as quickly as possible to inform the parent of the student's condition.
- **It is essential that current phone numbers and contact information be on file so that parents/guardians can be contacted.**